

Hello, my name is Katie

Who are Bury Mental Health Support Team (MHST)?

We are a service who works with Bury schools and colleges to support children and young people who struggle with their mental health.

Our goals are:

- To work with children, young people or parents on their own or in a group.
- To work with teachers to make school an emotionally friendly place for all.
- To give advice to school staff to help children and young people get the right support.

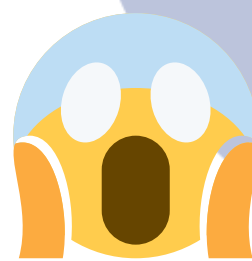


I'm an Education Mental Health Practitioner

How can I help?

I am trained to help children and young people, who may start to struggle with emotions such as;

Worry, sadness or fear



What do I do?

- Work closely with school staff to help make school a happy and emotionally friendly place for everyone.
- Deliver workshops and teaching for school staff, pupils and parents.
- Offer advice about other services that are available within Bury so that you get the right support.



How to ask for help?

If you are struggling with your emotions, please speak to;

- Your teacher
- Mrs Denney
- Mrs Cooney
- Parents/Carers
- Any trusted adult



My allocated day with your school is:

MONDAY

From 3rd

November 2025

I work all year round so, i can support you during the school holidays.

A bit about me:

Some fun facts about me:

- I really enjoy reading
- My favourite animal is a Lion
- I don't like spiders!



I look forward to working within your school and meeting you all.



Hello, my name is

Who are Bury Mental Health Support Team (MHST)?

We are a service who works with Bury schools and colleges to support children and young people who are experiencing mental health difficulties.

Our goals are:

- To deliver work to children, young people or parents on a 1:1 basis or in an group.
- To work with teachers to make school an emotionally friendly and supportive place for all.
- To give advice and support to school and college staff, to help children and young people get the right support.

I'm an Practitioner

How can I help?

I am trained to help children and young people, who may start to experience mental health symptoms such as:

Anxiety, worry or low mood

My allocated day with your school/college is:

I work all year round so, I can support you during the school/college holidays.

How to ask for help?

If you are struggling with your mental health please speak to;

- Your teacher/tutor
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- Parents
- Any trusted adult

What do I do?

- Work closely with school and/or college staff to help make school a supportive and emotionally friendly place for everyone.
- Deliver workshops and training for school and/or college staff, pupils and parents.
- Offer advice about other services that are available within Bury so that you get the right support.

A bit about me:

I look forward to working within your school/college and meeting you all.