Simple tenses	Example
Past - when an action took place at a specific time and is now finished.	I walked into the monster's cave.
Present - when an action is taking place now.	I walk into the monster's cave.
Future - when an action will take place in the future.	I will walk into the monster's cave.

Progressive tenses	Example
Past progressive - used for a continuous action in the past. **The past tense of 'to be' + present participle of the verb (verb ends in –ing).**	I was walking in the monster's cave. He/She was… You/We/They were…
Present progressive - used for an action that is happening at the moment of speaking. **The present tense of 'to be' + present participle of the verb (verb ends in –ing).**	I am walking in the monster's cave. He/She is… You/We/They are…
Future progressive - used for an action that is will be continuing in the future. **The present tense of 'to be' + present participle of the verb (verb ends in –ing).**	I will be walking into the monster's cave. He/She will be… You/We/They will be…

Perfect tense	Example
Past perfect - is used to say when an action was completed in the past. **The past tense of 'to have' + past participle of verb.**	I had walked in the monster's cave.
Present perfect - is used to say when: 1) An action has recently finished using 'just', 2) An action that has started in the past and is still going. 3) The time period has not finished. 4) When the time period is not important or known. 5) The action is repeated in a period between the past and now. **The past tense of 'to have' + past participle of verb.**	I have just walked in the monster's cave. I have worked in the bank for five years. I have not seen her today. I have studied French, Russian and German. I have eaten at that restaurant several times.
Future perfect –is used to say when an action will have been completed in the future. **The future tense of 'to have' + past participle of verb.**	I will have walked in the monster's cave.

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